

# THE WILSON PRACTICE

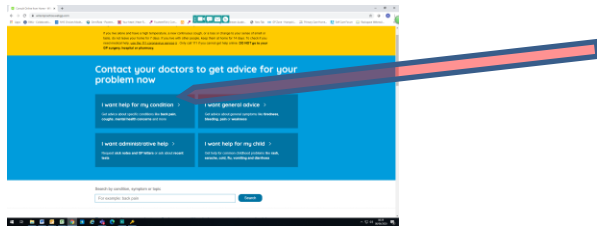
## Submitting blood pressure readings via eConsult

### Step 1

Go to The Wilson Practice website ([www.wilsonpractice.co.uk](http://www.wilsonpractice.co.uk)).  
Click 'Get Started' on the eConsult banner on the home page.

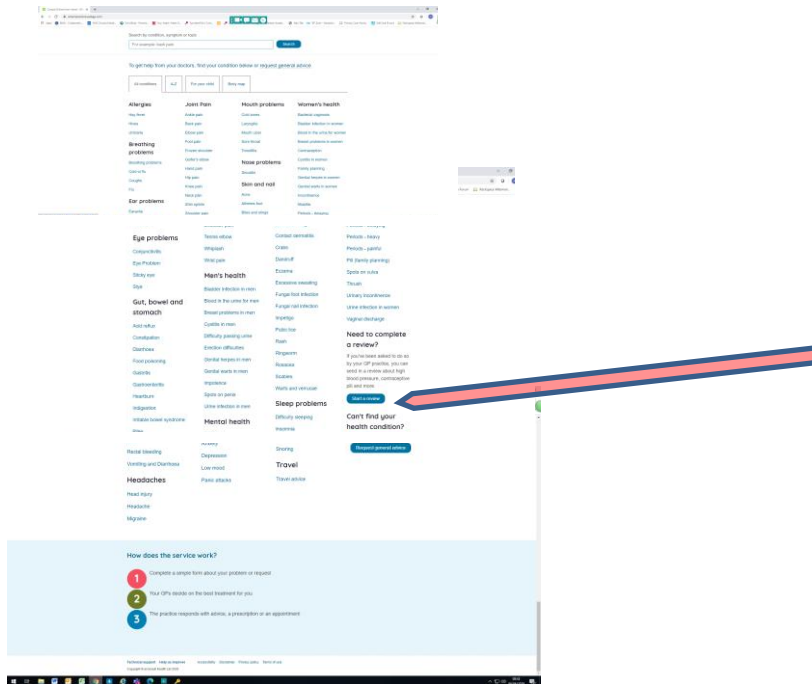
### Step 2

Select: 'I want help for my condition'



### Step 3

Select: 'Start a review' (bottom right of screen – you may need to scroll down)



### Step 4

Select 'Hypertension review' – and then follow the instructions.  
You will need to input three blood pressure readings with date and time of reading.

